

Facebook offerings: www.Facebook.com/HooverNewHorizons

Our Facebook page is staying busy! We would love for you to interact with us there! We post something new everyday!

**Exercise videos *Educational videos & articles *Recreation & Hobby ideas*

If you see something you like or enjoy give us a like or a comment on our posts...

We sure love hearing from you! 😊

{Not on Facebook? That's ok! You don't have to have a log-in to be able to see our page. Just click the link above and it will take you straight to us; no log-in necessary!}

Safer At Home:

We are still under Gov. Ivey's *Safer At Home* order. The senior center remains closed at this time.

Free Eye Screenings!

Monday, March 1, 9:30am-11:00am

Administered by UAB Eyecare

Limited to 45 participants; email us to register.

Email: hooverseniorcenter@hooveralabama.gov

**Tests will be administered in your car.*

**We will email you back what your appointment time will be.*

Brain teaser of the month:

What is the most loving vegetable?

*January answer: Moo Years Day!



Phone-A-Friend Phone Tree:

Would you like to join our Phone-A-Friend phone tree?

Call the front desk for more info:

205-739-6700



Just so you know...

Our building is closed but the staff is still here. Call us anytime if you have any questions, or if you just want to talk! If we don't answer leave us a message and we will call you back as quick as we can.

Contact us:

205-739-6700

Email:

hooverseniorcenter@hooveralabama.gov

Website:

www.hooveralabama.gov/451/seniors



March Event!

Keep an eye out...

Details coming soon!



**Warm
HANDS
Warm
HEARTS**

What: a drive-thru Valentine party!

Why: to warm your hands and your heart during this frosty season.

When: Thurs, February 11, 1:00pm-2:00pm

Where: HSC upper parking lot

Heart helpers (sponsors): Amedisys Hospice, Brookdale Senior Living, Hoover Public Library, Lakeshore Rehab, & Right At Home



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National Institute of Senior Centers

